

Title: Finding Guidance: Psalm 23

Scripture: Psalm 23:1-6

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Psalm 23:1-6 / King James Version (KJV)

The Lord is my shepherd; I shall not want.

² *He maketh me to lie down in green pastures: he leadeth me beside the still waters.*

³ *He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.*

⁴ *Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.*

⁵ *Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.*

⁶ *Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.*

We need to keep our eyes on the shepherd. The shepherd is the one who takes care of all our needs.

Verse 1: "The Lord is my Shepherd."

The sheep know the shepherd's voice. He is our personal savior. "I shall not want." – these are things we don't have to worry about.

Verses 2-3: God was providing him with physical and spiritual needs (I Samuel 20:3). "There is but a Step between me and death". We act as if we are invincible and that nothing will happen. Our days are numbered, yet we live as though we have eternity. Our spiritual needs are more important than our physical needs ("he restoreth my soul"). We need to have a spiritual healing.

Verse 5: Sometimes we can choose to take on more than we can handle at one time. We have to remember that God can help us to get through it. "Anointeth my head with oil" represents God's protection all around us.